

AFROTC Cadet Welcome Letter

Welcome to the USAF School of Aerospace Medicine

You are scheduled to accomplish a comprehensive and in-depth Initial Flying Class I and Medical Flight Screening at Brooks City-Base, San Antonio, Texas.

Our mission and goal is to provide you with a complete, efficient and streamlined process. We ask for your undivided attention and your flexibility during your evaluation.

Your appointment is considered a mandatory military formation. All Air Force instructions and policies will be enforced while you are here for your appointment. Military bearing, customs and courtesies, and dress and appearance standards will be above reproach at all times.

Your first & second day of testing will begin at 0700, please be in the Billeting Lobby to meet your escorts **no later than 0645** both days. You will be transported as a group, in a government vehicle to the appropriate testing areas. Privately owned vehicles (POVs) are prohibited due to limited parking and for easier flow of testing. The uniform for both testing day is your ROTC issued physical training gear.

Requirements: It is imperative that you **fast 12 hours prior to the first day of testing.** This means you cannot have anything to eat or drink past 1900 the night prior, except water, this also includes chewing gum, candy, and juice. If you are on prescribed medication please continue to take your medication (with water only) and let the technicians know what medications you are currently taking. You must refrain from alcohol for 72 hours prior from the first day of testing. Your testing will last until approximately 1700 the first day. You will be given a lunch break at midday, in-between testing on both days. You will **NOT** be released during this time. You may purchase lunch or bring your lunch. Be sure to have cash on hand, typically \$10.00 will cover you for both days. If you wear glasses, please bring your most current pair of glasses with you. Everyone will need to bring a pair of sunglasses.

Again, welcome to the School of Aerospace Medicine. Your cooperation, flexibility and compliance will ensure this process runs as smoothly as possible. We will make every effort to do the same.

//signed//

CURTISS W. NAGLE, MSgt, USAF
NCOIC, Medical Flight Screening Branch